ÖZEL İDARE İLKOKULU 1/ SINIFI HAYAT BİLGİSİ 1.YAZILI SINAVI

ADI: SOYADI: TARİH:

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **1)Sağlığımızıkorumak için nelere dikkat etmeliyiz?**  **…………………………………………….**  **…………………………………………….**  **…………………………………………….**  **…………………………………………….**  **2)Kişisel bakımımızdan dört tanesini yazınız.**  **…………………………………………….**  **…………………………………………….**  **…………………………………………….**  **……………………………………………**  **3)Kişisel eşyalarımızdan üç tanesini yazınız.**  **…………………………………………….**  **…………………………………………….**  **…………………………………………….**  **4)Sağlıklı beslenmek için neler yemeliyiz?**  **…………………………………………….**  **…………………………………………….**  **…………………………………………….**  **…………………………………………….**  **5)Günde kaç öğün yemek yeriz? İsimlerini yazınız.**  **…………………………………………….**  **…………………………………………….**  **…………………………………………….**  **…………………………………………….**  **6)Sandviç nasıl hazırlanır? İçine neler konulur?**  **……………………………………………**  **…………………………………………….**  **…………………………………………….**  **…………………………………………….**  **…………………………………………….** | **7)Yemek yerken uymamız gereken kurallardan dört tanesini yazınız.**  **…………………………………………………**  **…………………………………………………**  **…………………………………………………**  **…………………………………………………**  **8)Hayvansal besinlerden beş tanesini yazınız.**  **…………………………………………………..**  **…………………………………………………..**  **………………………………………………….**  **………………………………………………….**  **………………………………………………….**  **9)Bitkisel besinlerden beş tanesini yazınız.**  **…………………………………………………..**  **…………………………………………………..**  **………………………………………………….**  **………………………………………………….**  **………………………………………………….**  **10)Aşağıda verilen tabloda bitkisel ve hayvansal besinleri işaretleyiniz.**   |  |  |  | | --- | --- | --- | | **Besinler** | **Bitkisel besin** | **Hayvansal besin** | | **Süt** |  |  | | **Elma** |  |  | | **Mercimek** |  |  | | **Peynir** |  |  | | **Et** |  |  | | **Kiraz** |  |  | | **Ispanak** |  |  | | **Bal** |  |  | | **yumurta** |  |  | | **Pırasa** |  |  | |

derskitabicevaplarim.com