ÖZEL İDARE İLKOKULU 1/ SINIFI HAYAT BİLGİSİ 1.YAZILI SINAVI

ADI: SOYADI: TARİH:

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| **1)Sağlığımızıkorumak için nelere dikkat etmeliyiz?****…………………………………………….****…………………………………………….****…………………………………………….****…………………………………………….****2)Kişisel bakımımızdan dört tanesini yazınız.****…………………………………………….****…………………………………………….****…………………………………………….****……………………………………………****3)Kişisel eşyalarımızdan üç tanesini yazınız.****…………………………………………….****…………………………………………….****…………………………………………….****4)Sağlıklı beslenmek için neler yemeliyiz?****…………………………………………….****…………………………………………….****…………………………………………….****…………………………………………….****5)Günde kaç öğün yemek yeriz? İsimlerini yazınız.****…………………………………………….****…………………………………………….****…………………………………………….****…………………………………………….****6)Sandviç nasıl hazırlanır? İçine neler konulur?****……………………………………………****…………………………………………….****…………………………………………….****…………………………………………….****…………………………………………….** | **7)Yemek yerken uymamız gereken kurallardan dört tanesini yazınız.****…………………………………………………****…………………………………………………****…………………………………………………****…………………………………………………****8)Hayvansal besinlerden beş tanesini yazınız.****…………………………………………………..****…………………………………………………..****………………………………………………….****………………………………………………….****………………………………………………….****9)Bitkisel besinlerden beş tanesini yazınız.****…………………………………………………..****…………………………………………………..****………………………………………………….****………………………………………………….****………………………………………………….****10)Aşağıda verilen tabloda bitkisel ve hayvansal besinleri işaretleyiniz.**

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| **Besinler**  | **Bitkisel besin** | **Hayvansal besin** |
| **Süt**  |  |  |
| **Elma**  |  |  |
| **Mercimek**  |  |  |
| **Peynir**  |  |  |
| **Et**  |  |  |
| **Kiraz**  |  |  |
| **Ispanak**  |  |  |
| **Bal**  |  |  |
| **yumurta** |  |  |
| **Pırasa**  |  |  |

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